# A unique, multifunctional dressing in chronic wound management







Authors (clockwise from the top left): Harikrishna KR Nair, Sylvia SY Chong, Mohd Hasbullah

Wound experts worldwide are simplifying their formularies to produce a class of innovative multifunctional wound care dressings. PolyMem (Ferris Mfg. Corp.) is a multifunctional dressing that can replace common wound care products such as alginates, hydrogels, hydrocolloids and foams. The polymeric membrane dressing can be used as a primary or secondary dressing and also as a combination to support the entire healing process. This study demonstrates the efficacy of polymeric membrane dressings in chronic wound healing by simple randomisation. The study took place in an outpatient setting at the Wound Care Unit at Kuala Lumpur Hospital (WCUHKL) in Malaysia, where patients were given the standard of care by a WCUHKL nurse. Wounds were assessed using the TIME framework. The wounds were cleansed using distilled water and debridement was done where necessary before being covered by polymeric membrane dressings. All wounds dressed with polymeric membrane dressings showed improvement and half closed within four weeks.

lobal life expectancy has doubled since the 1900s and is now more than 70 years (Roser et al, 2013). The risk of developing chronic diseases increases with age. Chronic non-healing wounds are increasingly recognised as an emerging epidemic within healthcare. Although the healthcare system has evolved tremendously in the past few decades and continues to change for the better, chronic wound management is a massive financial burden. De La Torre and Chambers (2019) define a chronic wound as one that has failed to proceed through the phases of healing in an orderly and timely fashion and shows no significant progress in 30 days. Types of chronic wound aetiologies include, but are not limited to, venous leg ulcers (VLU), diabetic foot ulcers (DFU) and pressure ulcers (PU).

Wound bed preparation is crucial, as emphasised by Sibbald et al (2000). Management of devitalised tissue and slough with debridement, bacterial burden and exudate management is important. In contrast to acute wound fluid, chronic wound fluid inhibits re-epithelialisation and contains degradation products vitronectin and fibronectin, which inhibit keratinocyte

migration. Furthermore, when chronic wound fluid is added to cultures of keratinocytes, fibroblasts, or endothelial cells, it fails to stimulate DNA synthesis directly, in contrast to the DNA-synthesising ability of acute wound fluid. Another key biochemical difference in chronic wounds is that they exhibit considerably higher protease activity than acute wounds (Leveriza-Oh and Phillips, 2005). Therefore we need to manage the exudate or fluids well to allow the wounds to epithelialise.

Prolonged wound management times can delay chemotherapy and radiation treatments, extract a significant toll on people's quality of life, compound psychological devastation on top of injury and illness, and may lead to cosmetically unacceptable results (Ferreira et al, 2006). Nussbaum et al (2018) estimate that up to 2% of the population in developed countries suffer from chronic wounds.

The basic function of the wound care materials is to protect from infection, absorb blood and exudate, promote healing and possibly apply a medication to the wound. In the past, the development of wound dressings was managed in accordance with personal experience or historical knowledge. More recently, the development of advanced wound

Harikrishna KR Nair is Head of Wound Care Unit, Department of Internal Medicine, Hospital Kuala Lumpur; Sylvia SY Chong is Research Assistant, Wound Care Unit, Department of Internal Medicine, Hospital Kuala Lumpur; Mohd Hasbullah is a Staff Nurse, Wound Care Unit, Department of Internal Medicine, Hospital Kuala Lumpur Medicine, Hospital Kuala Lumpur

## **Products & technology**

dressing has been guided by clinical studies and evidence-based medicine intended for better wound care management.

Advanced wound dressings have evolved as experts simplify their formularies to produce an innovative class of multifunctional wound care dressings. PolyMem® is a multifunctional polymeric membrane dressing comprising a hydrophilic polyurethane matrix that contains a mild, non-toxic wound cleanser (F-68 surfactant), soothing moisturiser (glycerin), a superabsorbent starch copolymer and a semipermeable backing film, which is not included for cavity products (Ousey et al, 2015). Many different types of studies, including case reports, clinical series, clinical evaluations, comparative clinical trials, and randomised controlled trials, have found the polymeric membrane dressing effective (Fiowler and Papen, 1991; Edwards and Mason, 2010; Wilson, 2010; Cahn and Kleinman, 2014; Benskin, 2018). Clinical evidence demonstrates that this dressing facilitates autolytic debridement (Agathangelou, 2011), reduces pain and inflammation (Agathangelou, 2011; Agathangelou, 2012; Rahman and Shokri,

2013; Haik et al, 2012; Tamir and Haik, 2008; Beitz et al, 2004; Weissman et al, 2013; Hayden and Cole, 2003; Kahn, 2000), ensures non-adherence to the wound bed (Tamir and Haik, 2008), reduces time to epithelialisation (Rahman and Shokri, 2013; Weissman et al, 2013) and is also an effective wound contact layer under negative-pressure wound therapy (Skrinjar et al, 2011; Vanwalleghem, 2013).

### **Objective**

Use of the polymeric membrane dressings for healing of chronic wounds.

### **Methods**

This study was done by simple randomisation, which involved application of polymeric membrane on patients with wounds of different aetiology. The study was carried out in an outpatient setting at the Wound Care Unit of Kuala Lumpur Hospital in Malaysia (WCUHKL). Patients were given standard of care by the WCUHKL nurse. Wounds were assessed with TIME (tissue management, inflammation and infection control, moisture balance, epithelial/

### Case 1

A 35-year-old male with no known medical illness presented with a post-motor vehicle accident wound





### Case 2

A 36-year-old male with no known medical illness presented with a postoperative I keloid removed from the chest

7 June 2019







### Case 3

■ A 59-year-old female with a history of diabetes mellitus and hypertension developed an ulcer on the right shin after exposure to hot infrared therapy

11 June 2019

9 July 2019





### Case 4

■ A 40-year-old female with no known medical illness developed bilateral venous ulcer due to long standing hours

21 June 2019

6 August 2019













# **Products & technology**

### Case 5

■ A 58-year-old male with a history of diabetes mellitus and hypertension presented with a right lower limb chronic venous ulcer

13 January 2019



14 April 2019



### Case 6

A 67-year-old male with a history of diabetes mellitus and hypertension presented with a left hallux diabetic foot ulcer

10 June 2019



6 August 2019



edge advancement) framework. The wounds were cleansed using distilled water and debridement was done where necessary before being covered with polymeric membrane dressings. Crepe bandage was used for the postmotor vehicle accident wound, postoperative wound, post-radiation wound and the diabetic foot ulcer. A two-layer compression bandage was applied for those patients with chronic venous ulcers.

### **Results**

We recruited six patients with different wound aetiologies, post-motor vehicle accident wound, postoperative wound, post-radiation wound, chronic venous ulcer and DFUs?.

All wounds showed improvement and half the cases closed within four weeks. The venous leg ulcer took longer owing to chronic venous insufficiency. Compression was applied and the wound closed in 12 weeks.

### Discussion

PolyMem is a multifunctional dressing that is proven to effectively cleanse, fill, absorb and moisten wounds throughout the healing processes. The polymeric membrane dressing helps maintain a clean wound bed by loosening necrotic tissue, slough and other debris. The hydrophilic polyurethane membrane matrix, containing a superabsorbent starch co-polymer, draws fluid and debris from the wound bed and swells into a non-adherent gel, which helps reduce the risk of maceration. Additionally, glycerol helps to ensure non-adherence to the wound bed so that the dressing can be removed without disturbing the healing tissues. Glycerol also helps to control odour while softening

non-viable tissue. The membrane is covered by a semi-permeable continuous film, which is optimised for oxygen and moisture vapour permeability, and acts as barrier to liquids.

The polymeric membrane dressing was effective in wound closure in all six wounds, however, the study is limited due its small sample size.

### **Conclusion**

The polymeric membrane dressing is an all-in-one, easy-to-use dressing that can replace common wound care products such as alginates, hydrogels, hydrocolloids and foams. The ability to combine a number of actions can simplify dressing selection, reduce risk and improve outcomes. In addition, the polymeric membrane dressing can be used as a primary or secondary dressing, or as combination of both to aid the healing process in its entirety.

### **Declaration of interest:**

The authors have no conflicts of interest to declare, and received no funding for this study.

#### References

- Agathangelou C. An easy, effective and almost painless way to debride and heal arterial ulcers. Poster.

  EWMA, 2011. https://tinyurl.com/y2wrnncd (accessed 10 January 2021)
- Agathangelou C. Three years' experience of treating 46 painful diabetic foot ulcers with polymeric membrane dressings. Poster. EWMA, 2012 https:// tinyurl.com/yxbusayk (accessed 10 January 2021)
- Beitz AJ, Newman A, Kahn AR et al (2004) A polymeric membrane dressing with antinociceptive properties: analysis with a rodent model of stab wound secondary hyperalgesia. *J Pain* 5(1): 38–47. https:// doi.org/10.1016/j.jpain.2003.09.003
- Benskin LL (2018) Evidence for polymeric membrane dressings as a unique dressing subcategory, using pressure ulcers as an example. *Adv Wound Care (New Rochelle)* 7(12):419–26. https://doi.org/10.1089/wound.2018.0822
- Cahn A, Kleinman Y (2014) A novel approach to the treatment of diabetic foot abscesses a case series. *J Wound Care* 23:394–9. https://doi.org/10.12968/jowc.2014.23.8.394
- De la Torre JI, Chambers JA (2019) Chronic Wounds. Medscape. https://emedicine.medscape.com/ article/1298452-overview (accessed 10 January 2021)
- Edwards J, Mason S (2010) An evaluation of the use of PolyMem Silver in burn management. J Community Nurs 24:16–9
- Fowler E, Papen JC (1991) Clinical evaluation of a polymeric membrane dressing in the treatment of dermal ulcers. *Ostomy Wound Manage* 1991;35:35–44.
- Ferreira MC, Tuma P Jr, Carvalho VF, Kamamoto F (2006) Complex wounds. *Clinics (Sao Paulo)* 61(6):571–8. https://doi.org/10.1590/s1807-59322006000600014
- Haik J, Weissman O, Demetris S et al. Polymeric

- membrane dressings for skin graft donor sites. Six years' experience on 1200 cases. Poster. WUWUS, Japan, 2012. https://tinyurl.com/y2d3vlo6 (accessed 10 January 2021)
- Hayden JK, Cole BJ (2003) The effectiveness of a pain wrap compared to a standard dressing on the reduction of post-operative morbidity following routine arthroscopy. *Orthopedics* 26:59–63. https://doi.org/10.3928/0147-7447-20030101-16
- Kahn AR (2000) A superficial cutaneous dressing inhibits inflammation and swelling in deep tissues. *Pain Med* 1(2): 187
- Leveriza-Oh M, Phillips T (2005) Dressings and postoperative care. In: Robinson JK, Sengelmann RD, Hanke CW, Siegel DM (eds) Surgery of the Skin (1st edn). Mosy
- Nussbaum SR, Carter MJ, Fife CE (2018) An economic evaluation of the impact, cost, and medicare policy implications of chronic nonhealing wounds. *Value Health* 21(1):27–32. https://doi.org/10.1016/j.jval.2017.07.007
- Ousey K, Agathangelou C, Denyer J et al (2015)
  PolyMem dressings Made Easy. Wounds International.
  https://tinyurl.com/dpj6nufb
- Rahman S, Shokri A. Total knee arthroplasty infections eliminated and rehabilitation improved using polymeric membrane dressing circumferential wrap technique: 120 patients at 12-month follow up. Poster. EWMA, 2013. https://tinyurl.com/yxraboo4 (accessed 10 January 2021)
- Roser M, Esteban O-O, Ritchie H (2013) Life Expectancy. Published online at OurWorldInData.org. https:// ourworldindata.org/life-expectancy. (accessed 10 January 2021)
- Sibbald R, Williamson D, Orsted H et al (2000) Preparing the wound bed – debridement, bacterial balance, and moisture balance. *Ostomy Wound Manage* 46(11): 14–24
- Skrinjar E, Duschek N, Bayer G et al. Efficiency of local wound treatment by combining polymeric membrane dressings and negative pressure wound therapy. Poster. EWMA, 2011
- Tamir J, Haik J. Polymeric membrane dressings for skin graft donor sites: 4 years' experience on 800 cases. Poster. SAWC, October 2008
- Vanwalleghem G. Four years' experience of effectively treating compartment syndrome by combining NPWT with polymeric interface layer. Poster. EWMA, 2013
- Weissman O, Hundeshagen G, Harats M et al (2013) Custom-fit polymeric membrane dressing masks in the treatment of second-degree facial burns. *Burns* 39(6):1316–20. https://doi.org/10.1016/j. burns.2013.03.005
- Wilson D. Application of Polymeric Membrane Dressings to Stage I Pressure Ulcers Speeds Re- solution, Reduces Ulcer Site Discomfort and Re- duces Staff Time Devoted to Management of Ulcers. Poster # CS-128 presented at: Symposium on Advanced Wound Care (SAWC)SPRING; 2010 Apr 17; Orlando, FL, USA.